## THE WANDERERS

A football team for super heroes with Down syndrome age 5-12

Sessions are on Thursdays at 4.30pm at Point Chevalier Primary. If you'd like to know more about the team or **keen to join**, please reach out to Justin at **justin@backtoyourfeet.co.nz**.







THE WANDERERS are coordinated by Back To Your Feet Physiotherapy, and benefit from a physiotherapist coach at every training. Focus is on connection,

fitness, skill development - and of course kicking goals!



Sessions are well structured, providing routine and predictability for players. Additional volunteers provide support and increase engagement. Eager siblings are also welcome.

Parents - this is a great chance to meet other families and a rare opportunity to relax on the sidelines.



**ITALIANSTONE** 

PROUD TO SUPPORT THE WANDERERS





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