

# POLICIES AND PROCEDURES

## HEALTH AND SAFETY

### Serious Injury



**If someone sustains a serious injury such as a broken leg then the game may need to be stopped or abandoned.**

The stretcher is located inside the sliding doors on the ground floor of the pavilion. Only move someone if it is safe to do so. It may be safer to call an ambulance. Keep the person warm and comfortable.

#### **Trainings or Games**

- If you do not believe the person is easily able to be moved then keep them calm and warm. Call an ambulance to help you.
- If you are able to remove the person safely from the field, take them to the Western Springs Pavilion.
- Send for help, call 111 if necessary to arrange an ambulance or alert the physio.

Do not move the person if you suspect they have had a neck or spine injury - call the ambulance, keep them still and warm.